



# Budgeting Your Time

1. Plan a schedule of balanced activities.
2. Plan enough time for studying to do justice to each subject.
3. Study at a regular time and in a regular place
4. Provide time for study soon after class meetings.
5. Utilize odd hours during the day for studying.
6. Limit your study time to no more than 2 hours on any one course at any one time.
7. Study both alone and in groups.
8. Trade time—don't steal it.
9. Provide for spaced review.
10. Develop a framework for understanding.

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