Skills for Success

1. Long-range planning and effective time management.


3. High motivation to learn and to achieve predetermined goals.

4. Reading and remembering.

5. Listening and taking good notes.

6. Effective review techniques.

7. Having the ability to concentrate effectively.

8. Knowing how to take exams.

9. Effective writing techniques.


   - Good eating and sleeping habits.

   - Identifying and utilizing an effective place of study.

   - Leading a “balanced” lifestyle that includes physical exercise and some social activities.

   - Cultivating positive student-instructor relationships.

   - Knowing when to ask for help and where to get it (tutors, instructors, other college resources personnel).