Member Pulse as the gateway to your EAP member website, where you'll find tools and information on a variety of topics, including emotional health, relationships, finance and much more. Click on this URL --http://mhnpulse.com/ -- or copy it into your browser.

Some key features of Member Pulse include:

Fast access to articles without the need to log in
"Search" and "Category" features, making content easy to find
A fresh, updated look
Easy access to older posts

The benefit of Member Pulse is you can go to the website anytime and check for updates. No monthly notifications are required and no log-in is required.