

ALLEGHENY SWIMMING AND DIVING TEAM
FIVE MILE RUN/WALK: ERNST TRAIL, MEADVILLE
Saturday September 24th, 2011: 9:30 AM



- Fee:** \$15.00 Entry fee for entries received by September 14th
Make checks payable to Allegheny College
\$20.00 Entry fee on race day
\$15.00 for College Students on race day.
- Location:** Giant Eagle - Meadville, PA
- Registration:** 8:00 a.m. – Giant Eagle parking lot
8:30 – 9:15 – racers will be shuttled by bus to the end of the Ernst Trail for the beginning of the race. The Ernst Trail is a blacktop Trail.
Race will begin promptly at 9:30 am
- Proceeds:** All proceeds will benefit the Allegheny College Swimming and Diving Team.
- Awards:** Awards will be given to the overall 5 mile/ walk/ run winners in both the male and female divisions.
Individual male and female awards for the 5 mile run will be given to the winners in the following age groups:
60+; 50 – 59; 40 – 49; 30 – 39; 20 – 29; 19 – 14; and 13 and under.

Water & snacks will be distributed immediately following race at the Ernst Trail Hwy 322 Entrance.
DOOR PRIZES WILL BE DRAWN COURTESY OF MEADVILLE/ERIE MERCHANTS!

For further information contact Fred Evanoff at (814) 476-1103

Please mail your completed entry form by September 12, 2011 along with a check or money order payable to Allegheny Swimming and Diving to:
Fred Evanoff
Diving Coach – Allegheny College
520 North Main Street
Box AC
Meadville, PA 16335

CUT HERE-----

Check One **5Mile Run** _____ **5 Mile Walk** _____

Name _____ **Male** **Female** **(circle one)**

Address _____

Age on September 24, 2011 _____

Phone _____ **cinch sack pre-registration guarantees a race premium...**

READ AND SIGN BEFORE MAILING

I, on behalf of myself, my heirs, executors, administrators and assigns, do hereby release Allegheny College and all officials and volunteers from any claims resulting from participation in this event. I also pledge that I am physically fit to participate.

Signature: _____

Parent/Guardian signature if applicant is under 18 years of age:
